

Beans (Baked, Pinto, Northern, etc.)

Canned Potatoes

Canned Fruit

Canned Meat (Tuna, Chicken, Spam)

Canned Vegetables

Rice

Mac n Cheese

Instant Potatoes

Soups

Spaghetti Sauce

Spaghetti O's, Ravioli

Complete meals

Hamburger/Tuna Helper

Oatmeal

Pop Tarts

Baking Mix

Cakes, Puddings

Toilet Paper